



# Gainesville Basketball Association



## LEAGUE RULES-READ ME FIRST (Updated 2025-2026)

This page should go on top of all rules binders (first page) and should also be available online at [www.gainesvillebasketball.org](http://www.gainesvillebasketball.org)

Thank you for participating in GBA! In the subsequent pages that follow, the league rules are outlined for all grade divisions. In addition, the below “cheat sheet” table is also provided to help refs and other leaders quickly identify rule differences across the various grade divisions.

	B-2	B-3	B-4	B-5	B-6-9	B-10 -12	G-2/3	G-4/5	G-6-8	G-9-12
<b>Ball Size</b>	27.5"	27.5"	28.5"	28.5"	29.5"	29.5"	27.5"	28.5"	28.5"	28.5"
<b>Quarter Length</b>	5 min	5 min	5 min	6 min	6 min	7 min	5 min	6 min	6 min	7 min
<b>Defense Allowed</b>	Man to Man	Man to Man	Any	Any	Any	Any	Man to Man	Any	Any	Any
<b>Backcourt Defense</b>	Last 1 Minute of regulation & all OT	Last 1 Minute of regulation & all OT	Allowed Entire Game (until 20 pt lead)	Last 1 Minute of regulation & all OT	Last 1 Minute of regulation & all OT	Allowed Entire Game (until 20 pt lead)	Allowed Entire Game (until 20 pt lead)			
<b>Backcourt Defense Penalty</b>	2 FTs & Possession	2 FTs & Possession	2 FTs & Possession	n/a	n/a	n/a	2 FTs & Possession	n/a	n/a	n/a
<b>Over Time Length</b>	2 min., then 1 min Sudden Death	2 min., then 1 min Sudden Death	3 min., then 1 min Sudden Death	3 min., then 1 min Sudden Death	3 min., then 1 min Sudden Death	3 min., then 1 min Sudden Death	2 min., then 1 min Sudden Death	3 min., then 1 min Sudden Death	3 min., then 1 min Sudden Death	3 min., then 1 min Sudden Death
<b>Goal Height</b>	8'	9'	10'	10'	10'	10'	8'	9'	10'	10'
<b>Free Throw Distance</b>	3 feet closer	3 feet closer	1 foot closer	Regulation	Regulation	Regulation	3 feet closer	Regulation	Regulation	Regulation
<b>Lane Violation</b>	10 seconds	10 seconds	5 seconds	5 seconds	3 seconds	3 seconds	10 seconds	5 seconds	3 seconds	3 seconds

The following rules are the same for all grade divisions:

- **Player Participation Rule** (see full Rules for details)
- **Illegal Defense - Double Team/Trapping** Warnings: 2 (shoot free throws on 3<sup>rd</sup> violation)
- **Backcourt Defense Warnings**: 2 (shoot free throws on 3<sup>rd</sup> violation)
- **Backcourt Violation**: 10 seconds
- **Running Clock**: When a team is down by 30 in the 2<sup>nd</sup> half, running clock until the score gets under 20.
- **Each team gets 3 full time-outs and 2 30-second time-outs per game. 1 addtl. + carry-overs for OT.**

Please see the specific rules documents for each grade division for further details and information.